Northville Soccer Association

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UNDER 7 & 8 INSTRUCTIONAL LEAGUE RULES

This league is instructional and all rules are intended to give a basic understanding of soccer, positioning and teamwork, with a de-emphasis on winning or losing.

All rules for U-10 WSSL teams shall apply, except as follows:

1. The game shall be four, 10 minute quarters with each team changing goals at the end of the half. Teams alternate kickoffs to start each quarter.

2. Each team on the field shall consist of only 5 players, 5 v 5, no keeper.
U8 spring teams 4 v 4 and Keeper. Keeper must wear a different color jersey.

3. No player shall play the same line or position twice in a game.

4. Substitutions are allowed at any stoppage.

5. One coach from each team may be on the field throughout the game. Coaches are not allowed within the 12 yard of the goal line or the ball while the ball is in play. The coach may not interfere with play.
No coach, parent or player can be positioned behind the goal line.

6. All infractions of the rules shall be explained by the coach.

7. Coaches will decide, at the field, on game cancellations due to weather.
If possible, team coaches will schedule a make up game.

8. Each player shall play a minimum of two (2) quarters.

9. No win/loss records shall be kept and only participation awards through NSA will be awarded at the end of the season. No public statements shall be made regarding a team's performance as it relates to wins, losses, goals for or goals against. There shall be no exceptions.

10. Offside is not enforced.

11. A player who scores more than 3 goals in a game, should change to a position that would limit scoring, such as keeper (Spring only). Players must like to score.

12. All free kicks are indirect - no penalty kick. Free kicks are taken outside goal area.

14. The game is restarted with a pass-in from the spot where it left the field of play and are indirect. Opponent must be 5 yards away.
Throw-ins may be used with the U-8 Spring teams only, with three attempts allowed before switching possession.