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U4 U5 and U6 INSTRUCTIONAL LEAGUE RULES

Law 1: The Field- The field shall be 25yds. in length and 20 yds. in width. Mark the field with distinctive touchlines, center circle, and a mid-line half of the length of the field. The center circle should be 3 yds. in radius. The goal should be 4 ft. high and 6 ft. wide.

Law 2: The Ball- The ball should be size 3.

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Law 3: Number of Players-The maximum number of players should be no more than 3 per team. Maximum number of roster players should be 6. Each player in attendance should play at least 50% of the game.

Law 4: Player Equipment- Shinguards are mandatory. Soft cleats or running shoes with rubber soles are acceptable. Baseball or Football cleats are prohibited.

Law 5: Referee- May be a registered referee, associate referee, coach or parent. All rule (law) infractions shall be briefly explained to the offending player.

Law 6: Assistant Referee (linesperson)- Parents may be used to assist the Referee in signaling the ball in and out of play in conformance with FIFA law.

Law 7: Duration of the game- The game shall be divided into 4 quarters, each having 8 minutes. There shall be a break of 2 minutes in between quarters with the exception of halftime, which shall have 5 minutes between quarters 2 and 3. Substitutions may be made for injuries and between quarters after permission from the referee.

Law 8: Start of Play- Conform to FIFA law with the exception that opponent must be 3 yds. from the center mark while kick-off is in progress.

Law 9: Ball in and out of Play- Conform to FIFA law. Ball must be completely over the line to constitute out of play.

Law 10: Method of Scoring- Conform to FIFA law. The ball must be completely over the line to constitute a goal.

Law 11: Offside- There are no offside.

Law 12: Fouls and Misconduct- Conform to FIFA law. However, the infraction shall be explained briefly to the offending player.

Law 13: Free Kick- Conform to FIFA Law with the exception that all free kicks shall be classified as indirect. Opponents must be 3 yds. away before the re-start begins.

Law 14: Penalty Kicks-There shall be no penalty kicks.

Law 15: Pass-ins are a indirect kick from the point the ball left the field of play with opponent 5 yds. away.

Law 16: Goal Kick- Conform to FIFA Law except opponents must be 3 yds. away from the ball before the kick is taken.

Law 17: Corner Kick- No corner kick. A pass-in shall be awarded in place of the corner kick with opponent 5 yds. away.

